Volunteers Ages Required: 13^{1/2} - 14 - 15 Essentia Health Duluth - St. Mary's Needed: 10 Medical Center & Miller Dwan LOCATION: **CONTACT INFORMATION: VOLUNTEER TIME NEEDED:** Essentia Health Duluth Contact: Joy Miller Monday 8:00 a.m. to 4:00 p.m. Miller Dwan/SMMC Joy Miller Tuesday 8:00 a.m. to 4:00 p.m. Mentor: 407 E 3rd Street Phone: 218-786-4010 Wednesday 8:00 a.m. to 4:00 p.m. Duluth, MN 55805 Phone 2: 218-786-4420 Thursday 8:00 a.m. to 4:00 p.m. 8:00 a.m. to 4:00 p.m. E-mail: Joy.Miller@EssentiaHealth.org Friday **VOLUNTEER QUALIFICATIONS:** Saturday Not available Must be responsible, reliable, have courteous manners to other Sunday Not available volunteers, employees, patients, and visitors.

VOLUNTEER REQUIREMENTS & RESTRICTIONS:

Must be $13^{1/2}$ years of age by June 1, 2012. Must complete an application and screening process. We require an interview, a letter of recommendation from your school teacher or counselor, parent consent and your immunizations must be up to date. All volunteers are required to attend orientation which will be held on Friday June 8, from 9:00 a.m. to 12:00 p.m. At St. Mary's Medical Center. All volunteers must follow a dress code with is enforced.

VOLUNTEER ACTIVITIES:

For many of you volunteering will be a new experience. Volunteering can challenge us to reach from within and give of ourselves to make a difference. From the beginning of time history tells us that individuals have always had the passion to join together to help one another, to show compassion for others and to perform kind acts of benevolence on behalf of their community. If you are interested in volunteering in a health care setting, please consider volunteering for Essentia Health Duluth and St. Mary's Medical Center. It is a wonderful opportunity to learn about the world of health care while you serve others. Here are some suggested areas and departments for youth volunteers: Playing with children in the child care center, delivering flowers to patients, helping staff with special assignments in Sterile Processing, being a greeter in the Garden Café, pouring coffee, bussing tables, and other assigned tasks. Activities depend on the strengths and inters of the volunteer.

ADDITIONAL INFORMATION:

Volunteer times available Monday through Friday. Must be able to commit to the summer program starting June 11 through August 31, 2012. A regular one day a week schedule generally 3-4 hours for a total of 50 volunteer hours.